

Somers Senior Center 19 Battle Street, Somers CT 06071 860-763-4379

Mon-Thurs 8am-4pm, Fri 8am-12pm

Maureen Parsell, Director mparsell@somersct.gov Donna Richardson, Supervisor drichardson@somersct.gov Pamela Caso, Administrative Asst. pcaso@somersct.gov Darlene McCray, Program Coordinator dmccray@somersct.gov Dial-a-Ride Drivers Gary Hunter, Pat Perry, & Scott Sfreddo

Somers Human Services 619 Main Street, Somers CT 06071 860-265-7551

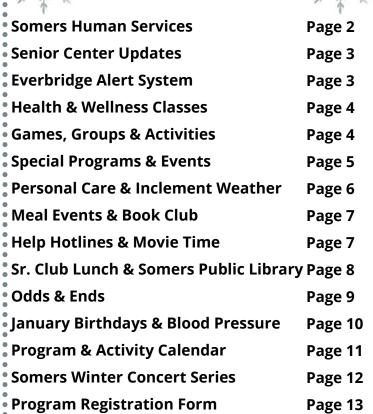
Mon-Wed 8am-5pm, Thurs 8am-6:30pm

Matthew Cox, Human Services Director MCox@somersct.gov Arianna Flagg, Prevention Coordinator AFlagg@somersct.gov Annette Ramsdell, Social & Sr. Services Specialist *Aramsdell@somersct.gov* Jen Griger, Youth Services Coordinator Jgriger@somersct.gov



The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. *Interested in becoming a member? Fill out our* <u>Membership Registration Form</u> and become a member today!

Table of Gontents





CLOSINGS & CANCELLATIONS

The Senior Center will be <u>closed Thursday, January 1st</u> and <u>Monday, January</u> 19th in observance of New Year's Day & Martin Luther King Jr. Day. <u>There will be no Stretching with Keely on Thursday, January 8th.</u>







<u>Champ's Place Food Pantry</u>



Somers Congregational Church, 599 Main Street; 860-763-4021 Open Mondays from 10am to NOON and from 6pm to 7pm.

Mobile Food Truck

Connecticut Food Share brings fresh foods to Champ's Place! Wednesday, January 7th & January 21st from 1:00pm to 1:30pm.

HINT: Bring a small cart, laundry basket, sturdy box or shopping bags to easily carry items home with you.

<u>Call Annette Ramsdell in Human Services at 860-265-7551 x1 to</u> <u>make an appointment for any services noted below:</u>

Connecticut Energy Assistance Program (CEAP)

We are actively accepting applications to help you apply for energy assistance.

Eversource Discounted Energy

5% to 50% discounts may be available to you, depending on income & family size.

<u>Application Assistance</u> - Available for SNAP, Medicaid and Financial Assistance.

<u>Meals-on-Wheels</u> - Available for homebound seniors and people with disabilities.

<u>Financial Coaching and Budget Assistance</u> - Let us help you untangle your bills and organize to help meet your needs and financial goals.

Schedule a confidential, one-on-one appointment with a financial coach.





HAPPY NEW YEAR!! PLEASE REMEMBER TO SIGN IN!! HAS ANY OF YOUR INFORMATION CHANGED?

It is very important that everyone who walks into the Senior Center, scans their keytag scan card at the kiosk to the right as you walk in. Even if you are only here for a quick visit, we need you to sign in. If you do not have a card or need assistance on how to do this, please ask any Senior Center employee and we will be happy to help! Also, please make sure we have all your updated information such as new phone number, address, medical, and emergency contacts/aides!

NEW EXERCISE CLASS:

Start the New Year right and try this wonderful class called Balance Fitness Fun with Angela on Wednesdays, 10:00am at Kibbe Fuller Gym - \$4 per class. More information on Page 4.

SENIOR ADVISORY MEETING:

The Senior Advisory meeting will be held <u>Tuesday</u>, <u>January 13th at 1:00pm</u> at the Somers Senior Center.

FLU SEASON:

Flu season is upon us. If you do not feel well, please stay home. We do not want to risk getting others sick so please be kind and respect the health of others. If you have signed up for a class, and cannot attend, please call the Senior Center to cancel. Thank you!

WHAT'S GOING ON IN SOMERS?

Stay up-to-date and follow the Town's news, updates, and live meetings! Want to know when each Department meets and what they are working on? Be sure to follow the <u>Town's Meeting Schedule</u>. All Board of Selectmen, Board of Finance, Zoning Commission and Zoning Board of Appeals meetings are held LIVE each month and can be watched on the Town's <u>You Tube Channel</u>. The Board of Education meetings are also held LIVE on their own <u>You Tube Channel</u>. If you can't watch the meetings live, you can always watch them when you have the time. If you don't have a computer, come on in to the Senior Center & watch here!

Everbridge ~ Town of Somers Alert System

Notification Program Overview... The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about.

The information you provide is protected and will not be used for any other purpose.

How It Works... When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

Sign up for Notifications... Create an account & add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

Let us know if you need assistance signing up! We'd be happy to help you!









Qigong- Mondays, 9-9:45am Indoors at the Senior Center **FREE** Join us as we explore different YouTube videos that provide a simple approach of learning the benefits of Qigong.

Walking Group- Mondays, 10-11:00am

Meet at the Senior Center at 10:00am for a fun walk to get the day started!

Chair Aerobics- Tuesdays and Fridays, 10-11:00am at the Senior Center **FREE** A classic DVD chair fitness program. All levels are welcome!

Balance Fitness Fun with Angela: Wednesdays, 10:00am at Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month. You will warm up with stretches, learn standing balance exercises & seated strength exercises (with or without weights) and close with more stretches while playing great music from across several genres.

Stretching w/ Keely-Thursdays, 10:00am Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the **month.** Dim the lights & listen to meditation music as you learn basic yoga type stretch moves while sitting or standing.

Pickleball- Tuesdays & Fridays, 9-11:00am **FREE** Weather permitting. Tennis courts at Field Road Park. Four courts and paddles provided. New & experienced players welcome. Must register with the Senior Center and complete a Waiver Agreement if you wish to play.

<u>Tap Dancing Lessons- Tuesdays, 11am-12pm</u> Kibbe Fuller Gym **FREE** Do you love to tap dance or want to learn how? Dance Instructor, Laurie Nash, will hold this fun class! Some tap shoes are available for use!

GAMES, GROUPS & ACTIVITIES

Art Group- Mondays, 10-11:30am **FREE** All mediums welcome. Bring your own ideas and supplies.

SCRABBLE- Mondays, 11:00am, Will teach! Bring a friend and enjoy exercising your brain!

SKYJO- Mondays, 1-3:00pm, Will teach!

Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play!

Coffee Talk- Tuesdays & Fridays, 9-10:00am Join your friends & make new ones for fresh coffee, tea and light snacks. (Donations welcome for supplies)

Rummikub- Tuesdays, 11-1:00pm, Will teach!

Rummikub is easy to learn & fast moving. The "board" changes all the time as players adjust the tiles on the table. Sign up, space is limited!

<u>Dominoes- Wednesdays, 1-3:00pm, Will teach!</u> Please come and learn the game.

Cornhole & Coffee - Thursdays, 9-10:30am Will teach! Come play cornhole and enjoy a little friendly competition with friends! It's an easy game to play, regardless of your gaming experience. Played indoors or outdoors weather permitting.

Bingo- Thursdays, 12-3:00pm, Will teach! Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!

Bridge- Thursdays, 5:30pm, Will teach! Enjoy an evening of Bridge playing!





SPECIAL PROGRAMS & EVENTS





TRAVEL THE WORLD: CHINA

<u>Tuesday, January 6th</u>

Stay after the Home Helpers lunch and watch this informative documentary about the incredible country of China!

PAINTING WITH SANDY

Wednesday, January 14th 11:00am - 2:00pm \$15/pp includes all materials

Artist Sandy Poirier will instruct this acrylic painting workshop.

Limited space! Payment is due upon sign up!





HOMEMADE CHICKEN NOODLE SOUP LUNCHEON

<u>Friday, January 16th</u> <u> 11:30am/\$3pp</u>

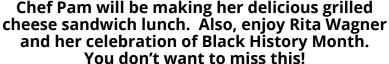
Did you know that chicken noodle soup originated in China & ancient Greece? Come celebrate the Chinese New Year enjoying a bowl with friends!



GRILLED CHEESE LUNCH

Tuesday, January 20th

12:30pm/\$5pp





<u>Tuesdays, 2:30pm - 3:30pm</u> <u>January 20th - February 24th</u>

Free Grief Support Group with Karla Vince from the Visiting Nurse & Health Services of CT.



CARD MAKING WITH JACKIE JULIAN

<u>Wednesday, January 28^{ti}</u> 10:00am/\$5pp



Jackie Julian will return to the Senior Center for another card making class. Each participant will make 2 cards & a desk calendar. (Similar examples shown).



"COME FROM AWAY" **MAJESTIC THEATER** <u>Saturday, April 18th</u> <u>12:00pm</u>

Through the incredible generosity of our dear friend &

member, Tina Toohey, we would like to invite you for an afternoon of theatre! "Come From Away" is a heartwarming and uplifting musical that tells the true story of 7,000 passengers who were stranded in the small town of Gander, Newfoundland, after the events of September 11, 2001. This musical highlights the generosity and warmth of the real-life townspeople who welcomed strangers into their homes and hearts. With an amazing score and unforgettable performances, the show has garnered critical acclaim, winning the Tony Award for Best Direction of a Musical and a Grammy Award for Best Musical Theater Album. Its themes of kindness and community remind us of the power of compassion in the face of adversity and the shared humanity that unites us all in times of crisis.

FREE to any Somers Senior Center member who is a Somers resident. First come, first served basis. Trip includes, Peter Pan Transportation, ticket and a \$10 concession voucher. Arrive at the Senior Center at 11:45am for a 12:00pm departure for the 2:00pm performance, returning home at approximately 5:30pm.





FOOTCARE SERVICES

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.

Dates Available:

Jan 21st Feb 18th Feb 19th



SPA SERVICES

The Senior Center offers spa services by MA Licensed Tech Diane Neill. First Wednesday of the month. Call the Senior Center to book your appointment.

Signature Facial	\$38
Microdermabrasion Facial	\$48
LED Light Therapy	\$15
Waxing Services:	

(brow, lip, chin etc.).....\$7 - \$18 Cash or Check only

We would like to thank the following individuals who have so generously donated to the Senior Center:



Annette Foisey, Phyllis Gwilliam, Marion O'Hagan, Pat Perry, Reggie Swanson & Joanne Tullock



The winter season is upon us and what better way than to help out our local food pantry, Champs Place, located at the Somers Congregational Church.

Nonperishable items are always in need.

Drop offs can be made at the Somers Senior Center or at Somers Human Services Department.

INCLEMENT WEATHER



The Somers Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, programs/events at the Somers

Senior Center as well as Dial-a-Ride transportation will be delayed/cancelled. Please tune into WFSB Channel 3 or NBC 30 and look for "Somers Senior Center" for up-to-date information on delays/closings





Home Helpers

Tuesday, January 6th

12:00pm

Spots fill quickly,
signup by 12/31

Stay after and watch an informative documentay traveling



CHICKEN NOODLE SOUP!

Friday, January 16th 11:30am/\$3 pp

Come celebrate the Chinese New Year by enjoying a chicken noodle soup lunch!



CHEF PAM'S
GRILLED CHEESE LUNCH
and RITA WAGNER
CELEBRATING BLACK
HISTORY MONTH
Tuesday, January 20th



BIRTHDAY LUNCH

<u>Tuesday, January 27th</u> <u>12:00pm</u>



LUNCH BUNCH

<u>Thursday, January 29th</u> <u>12:00pm/\$5pp</u>

The Old Mill English
Tea Room







Book Club with Somers Librarian Coordinator, Allison Rief <u>Thursday, January 15th 3:00pm</u>

"Before We Were Yours" by Lisa Wingate



A dual-timeline novel based on the real-life scandal of the <u>Tennessee</u> <u>Children's Home Society</u> (TCHS) in Memphis, where children were stolen from poor families and sold for adoption. The story follows twelve-year-old <u>Rill Foss</u>, whose life on a Mississippi River shantyboat is

shattered when she and her siblings are taken to the horrific orphanage, while a modern-day lawyer, Avery Stafford, uncovers her own family's dark connection to the TCHS through an elderly woman in a nursing home, revealing hidden truths about loss, resilience, and the enduring power of family secrets.

<u>Please call 860-763-4379 to pick up a book and join this great group if you love reading!</u>



CT INFO LINE - Dial 211

Vital Resource to find available community services

CHOICES - 1-800-994-9422

Assistance with Medicare, Medigap and Medicare Part-D applications

<u>CONSUMER LAW PROJECT FOR ELDERS -</u> 1-800-296-1467

Free Legal Assistance for Seniors with consumer problems

ELDER JUSTICE HOTLINE - 1-860-808-5555

Elder justice issues can range from age-based discrimination in the workplace to scams and fraud, elder abuse, neglect & exploitation. If you have been the victim of any of these, please call! They are there to help!





<u>"The Big Year"</u> <u>Wednesday, January 7th</u> <u>11:00am - 1:00pm</u>

Three men find that they have come to a turning point. Stu (Steve Martin) faces a late-life crisis, Kenny (Owen Wilson) is in the grip of a midlife crisis, and Brad (Jack Black) is wallowing in a

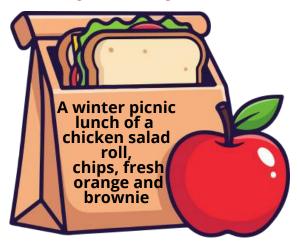
1hr 38mins / PG

no-life crisis. Determined to kick-start their stagnant lives, Stu, Kenny and Brad decide to enter a prestigious contest. During the course of one calendar year, the three friendly rivals crisscross North America in a quest to count more species of birds than anyone else.





Wednesday, January 21st @ 11:45am



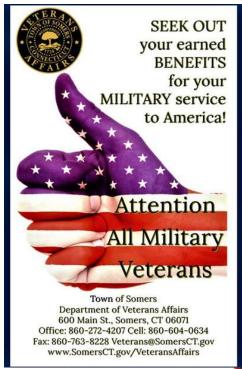
ORDER IN ADVANCE REQUIRED

<u>Call Dan Fraro at</u>

<u>(860) 749-7108 to order</u>

Must order by noon the Monday prior
to lunch ~~ \$5 payable at the door

DEPARTMENT OF VETERANS AFFAIRS



SOMERS PUBLIC SIBRARY

Movie Matinees at the Library Fridays - 1:00pm



J<mark>anuary 2nd</mark> <u>Darling</u> Companion



<u>January 9th</u> Good Fortune



<u>January 16th</u> <u>The Amateur</u>



Malerialists
January 23rd
Materialsts



January 30th Roofman

Care Cafe'

The first Tuesday of every month 10:00am Library Conference Room

We welcome those living with dementia and their care partners for beverages, conversation and support.

Join Karla Vince & Nicole Madson from Visiting Nurse and Health Services of CT.

NO REGISTRATION NEEDED



Somers Public Library

2 Vision Blvd
Somers, Connecticut 06071 | 860







FILE YOUR TAXES
with AARP volunteers
Appointment required!

AARP will return to the Senior Center for tax prep on the following Wednesdays:

February 25th, March 11th, March 25th & April 8th

Registration begins Thursday, January 2nd
Please call 860-763-4379 to make your
appointment.



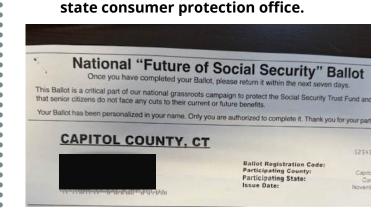
How do I save & organize my pictures? How do I install an app?
What is a bar code & how do I scan it?
How do I send a text message?
If you are looking for some basic help with using your phone or tablet please call us at (860)763-4379 to make an appointment!



SCAM ALERT

Recently, we learned about a new scam against seniors.

Please be aware of the following: The Seniors Center is an organization that has been the subject of multiple scam warnings from government bodies and consumer advocacy groups. They use deceptive mailings and messaging tactics to solicit donations, often making false claims about "protecting Social Security benefits". Multiple government entities and advocacy groups have warned people to throw away any mail received from The Seniors Center or related entities like The Seniors Trust. Please see example below. Authorities emphasize that this organization has no ability to protect or influence Social Security programs. While the company claims to be a non-profit organization, its materials often state that donations are not taxdeductible, which is a red flag for a legitimate charity. If you receive mail associated with this P.O. Box (P.O. Box 97111 Washington DC 20090) or organization, it is recommended to throw away the solicitation letters immediately. Do not send money or personal information. Never provide credit card or bank account information in response to these solicitations. You can report the fraud or scam to the Federal Trade Commission at reportfraud.ftc.gov or contact your local or





THE SOMERS SENIOR CENTER WOULD LIKE TO ACKNOWLEDGE OUR MEMBERS WITH JANUARY BIRTHDAYS!



Jan 1st: Jon D. Maria M. Lucille F. Carol C. William H. Susan C. lay C. Alfred H. Pricilla L. Elizabeth B. Brenda S. Annette L. Robert K. Carolyn D. Marion C. Francis D. Lucille D. Lynda F. Corrine S. Marilyn H. Jan 2nd: Sara F. Bernadette H. Carolyn R. <u>Jan 3rd:</u>

Kerry K.

Patrick B.

Ronald B.

Jan 4th: Carol S. Norma S. Ian 5th: Al F. **ludith L.** Bill T. Jan 6th: Christine E. Glenn A. Arlene D. Jan 7th: Leslie G. Joan T. Evelyn M. Jean K. Ian 8th: Carole S. Steve K. Dorothy S. Jan 9th: Dorothy L. Christine B-S. Forrest W. Jan 10th: Thomas S. Cynthia M. loan C. Josephine N. Robert W. Stephen S.

<u>Jan 11th:</u> Raymond S. *Jan 12th:* Susan McM. Nancy L. Virginia R. Marion R. Caroline L. *Ian 13th:* Rita S. Barbara G. lean R. Christian M. Jan 14th: Phillip Van T. Stephen M. <u>Jan 15th:</u> Kristina H. Norma M. Harold C. Janice H. Rena C. <u>Jan 16th:</u> Sharon K. William F. Nina G.

<u>Jan 17th:</u> Dorothy B. Mark W. Jan 18th: Carol W. <u>Jan 19th:</u> Ralph F. lanet V. Sharon L. Ian 20th: Nancy T. Craig C. Phyllis R. **Jan 21st:** Kathy W. Julia H. Heidi C. James H. Steven F. <u>Jan 22nd:</u> Christina M. Dorothy O'D. Francesca Z. Jan 23rd: Robert T. Lily Y. Lorraine C.

<u>Jan 24th</u> Kathleen L. Doris K. Gloria R. Nancy S. Carole L. Robert S. Andrea D. Bonnye P. Paula V-G. Ann M. Linda M. MaryEllen B. Joan S. **Jan 25th:** William D. Gino R. lim H. Cynthia M. <u>Jan 26</u>th: Beverly D. **Jan 28th:** Audrey W. Lynne Y. Mary Ellen K. Cvnthia H. MaryBeth M.

<u>Jan 29th:</u> Mary W. Patricia A. George M. <u>Jan 30th:</u> Evelyn S. Charles C. Sarah G. **Jan 31st:** Christina C. Barbara K. Stasia D. Gail A.



Don't forget that Ann Maggio, RN will be here on

> Tuesday, January 27th 11:30am- 12:30pm

to perform blood pressure checks!









9:00 Coffee Talk

10:00 Chair Aerobics



5. TUGSBAY

7. WEBNESDA

O. FRIDAY

No Stretching with Keely 9:00 Coffee Talk

9:00 Cornhole & Coffee

12:00 Bingo 5:30 Bridge

10:00 Walking Group 10:00 Art Group 9:00 QiGong

11:00 Scrabble

1:00 Skyjo

12:00 Home Helpers Lunch 11:00 Tap Lessons @ Kibbe 10:00 Chair Aerobics 11:00 Rummikub 9:00 Coffee Talk

1:00 Documentary - Travel the World - China

10:00 Balance Fitness Fun SPA SERVICES (By Appt.) **The Big Year (2011)** 1:00 Dominoes 11:00 Movie Time at Kibbe

10:00 Chair Aerobics

6. FRIDAY

5. THURSDAY 4. WEDNESDAY



11:30 Homemade Chicken Noodle Soup for Chinese New Year \$3



12:00 Bingo

at Kibbe

10:00 Balance Fitness Fun at Kibbe

5:30 Bridge

11:00 Painting with Sandy \$15

11:00 Tap Lessons @ Kibbe

1:00 Senior Advisory

10:00 Chair Aerobics

9:00 Coffee Talk

11:00 Rummikub

10:00 Walking Group

11:00 Scrabble

1:00 Skyjo

9. MONDAY

10:00 Art Group

9:00 QiGong

TUESBAY

3

2. MONDAY

22. THURSDAY

9:00 Coffee Talk 9:00 Cornhole & Coffee 10:00 Stretching with Keely

10:00 Chair Aerobics

12:00 Bingo

at Kibbe

FOOT CARE (By Appt)

21. WGBNGSBA

1:00 Dominoes



12:30 Grilled Cheese Lunch and 11:00 Tap Lessons @ Kibbe 20. TUGSBA 10:00 Chair Aerobics 11:00 Rummikub 9:00 Coffee Talk GLO86D



Black History Month \$5

2:30 Grief Support

27. TUESDAN





5:30 Bridge

30. FRIBA

9:00 Coffee Talk 9:00 Cornhole & Coffee 10:00 Stretching with Keely at 10:00 Chair Aerobics

12:00 Lunch Bunch -The Old

10:00 Balance Fitness Fun at Kibbe

Mill English Tea Room - \$5

10:00 Walking Group 10:00 Art Group 11:00 Scrabble MONDAY 9:00 QiGong

10:00 Chair Aerobics

9:00 Coffee Talk

11:00 Rummikub



12:00 Parkway

1:00 Skyjo















Somers Cultural Commission 2026 Winter Concert Series



Somers Cultural Commission 600 Main Street, Somers, CT 06071 Questions? Call Ann Levesque at 860-749-2630

www.somersct.gov/boards-and-commissions/cultural-commission



Sunday, January 11, 2026 Piedmont Hall, 604 Main Street, Somers 1:00pm - 3:00pm

Jose Paulo Trio Rings in The New Year!

Ring in the New Year with an energetic afternoon of songs by international entertainer Jose Paulo and friends. All styles of music in English, Portuguese, Spanish, Italian & French!

Saturday, February 8, 2026 Piedmont Hall, 604 Main Street, Somers 1:00pm - 3:00pm Underneath We are All The Same!

Celebrate Black History Month with an intriguing presentation featuring Dr. Raouf Mama, award winning storyteller & author who tells folktales from his native Benin. Storytelling blending poetry, stories, music and dance.





Sunday, March 8th, 2026 Piedmont Hall, 604 Main Street, Somers 1:00pm - 3:00pm

Pierce Campbell & The Irish Extras

Enjoy St. Patrick's Day early with an afternoon of great Irish pub songs and sing along tunes performed by Connecticut State Troubadour, Pierce Campbell and The Irish Extras.

Watch January and March Concerts LIVE on Facebook

Go to **Somers Concert Series Page**

Somers safely enjoys live music to energize and restore the community

** Admission is Free ** Donations gratefully accepted ** Prepare to have FUN! **

** Restrooms Available ** If feeling ill, please stay home and watch the livestream **



SOMERS SENIOR CENTER REGISTRATION FORM - JANUARY 2026 CLASSES, EVENTS & TRIPS



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit cards and checks payable to Town of Somers	TOTAL DUE:	\$

REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON: DECEMBER 23RD FOR SOMERS RESIDENTS AND DECEMBER 30TH FOR NON-RESIDENTS. FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE.

A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.

Somers Recreation & Leisure Services Participant Waiver

I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

Somers Recreation & Leisure Services Photo Release

Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be

taken during activities within our programs. By participating in our progrations by participating in our progrations these photographic materials to be used in promotional activities including email campaigns, social media and more exclusively by the Somers Recrea	ams, you allow reproductions of g but not limited to brochures,
I have read and am in compliance with the photo policy stated above	2.
I have read and am NOT in compliance with the photo policy stated of	above.
Print Name:TOWN:	
Signature:	
Date:	
	12

SOMERS SENIOR CENTER REGISTRATION FORM - JANUARY 2026 CLASSES, EVENTS & TRIPS

Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
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